

5k Diva Dash & Kids Dash on May 7, 2016



**Pre - Registration Fee thru 4/14/16:**

\$30 for adults w/shirt **or** \$25 adults, no shirt

**Pre-registration Fee 4/15/16 thru 5/6/16:**

\$35 for adults w/shirt **or** \$30 adults, no shirt

**Day of Dash registration Fee:**

\$45 for adults w/shirt **or** \$35 adults, no shirt

**\*\*Kids Dash Fee w/shirt - \$20 **or** Kids Dash only - \$15 (13 & under)\*\***

One registration form per person. Please send payment with form(s).

**Make check payable to:** Theresa Moravec (add "Relay for Life "in memo line)

**Mail to:** 921 Mouton Ave Bismarck, ND 58503

Entry Form

**Name:** \_\_\_\_\_ **Age on Race Day:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Gender:** M  F

**E-mail:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Shirt Size: Youth** S  M  L

**Shirt Size: Adult** S  M  L  XL

**Waiver:** In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the newspaper, broadcast, telecast of this event without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event. I grant permission to the organizers of this event to use photographs or other record of me in this event for any legitimate purpose.

\_\_\_\_\_  
Signature of Participant/Parent or guardians signature if under 18